

“Under Pressure” (Mark 3:7-30)

Martell Sánchez | January 22, 2023

THE PRESSURES OF SERVING GOD IN A BROKEN WORLD

1. Pressure from people who _____ from you.
(Verses 7-12)
2. Pressure from people who need _____.
(Verses 13-19)
3. Pressure from people who _____ you.
(Verses 20-30)

THE SECRET TO ENDURING ALL THAT PRESSURE

→ Let _____ be _____.
(Mark 1:10, 35; Acts 10:38)

WHAT DOESN'T HELP

1. The _____ mindset:
_____ to everything.
2. The _____ mindset:
Doing everything on _____.
3. The strong _____ mindset:
Powering through _____.

1. What kinds of pressures did Jesus face in Sunday's text? In what ways can you relate to him?
2. In Acts 10:37-38, Peter says, “[Jesus] went around doing good and healing all who were under the power of the devil, **because God was with him.**” Why might nearness to God make all the difference in sustaining us through the many pressures we receive in this life?
3. In light of the many pressures we face, what steps can you take this week that would help you experience more rest and restoration from God?
4. Of the three unhelpful mindsets Martell mentioned on Sunday, which one are you most susceptible to? Spend some time in prayer asking God to help you embrace the better mindset: nearness to and dependence on God.

What's Happening @ New Life

TODAY: Join us for our Annual Congregational Business Meeting right after the service. Potluck to follow!

WOMEN'S CONFERENCE: Agape Bible Church in Willits is hosting its annual Women's Advance Conference, and all the ladies of New Life are invited! Info and registration is available at womensadvanceministries.com or by phone at 707-459-1905.

TO OUR GUESTS: Feel free to use the connection card at your pew to let us know more about yourself. You can drop it off in the offering box in the foyer. Please do not feel obligated to participate in the offering. The offering is for those who have committed to New Life as their church home; we are honored to have you as our guest!

GIVING OPTIONS: If New Life is your home church, there are four convenient ways to worship through giving: (1) in the offering box in the foyer on Sundays; (2) by mail-in at 750 Yosemite Drive, Ukiah; (3) online at newlifeukiah.com/give; (4) through the Tithe.ly app, available on the iOS App Store or Google Play.